

Comparison of laparoscopic and open suturing of perforated peptic ulcer complicated by advanced peritonitis

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ABSTRACT

Objective. To compare the results of open and laparoscopic interventions for PGDU complicated by advanced peritonitis.

Material and methods. A retrospective analysis enrolled 172 patients with PGDU who underwent surgery for the period 2014–2016. The research was performed at the bases of the Department of Faculty-Based Surgery No. 1 of the Medical Faculty of the Pirogov Russian National Research Medical University. Further analysis enrolled 138 patients in accordance with inclusion and exclusion criteria (laparoscopic intervention — 116 patients, open surgery — 22). Propensity score matching (pseudorandomization) was applied after comparative analysis of patients' characteristics and treatment outcomes in order to ensure maximum comparability of both groups.

Results. Length of hospital-stay (7.1 vs. 9.8 days), incidence of extra-abdominal complications (6.3% vs. 41.2%) and adverse events Clavien—Dindo grade II (6.3% vs. 35.3%) were significantly lower after minimally invasive surgery ($p < 0.05$).

Conclusion. Analysis of comparable groups of patients with PGDU complicated by peritonitis revealed that laparoscopic surgery is accompanied by significantly lower incidence of extra-abdominal postoperative complications and shorter hospital-stay compared with open surgery. Mortality and incidence of intra-abdominal postoperative complications were similar in both groups.

Keywords: perforated ulcer; diffuse peritonitis; postoperative complications; mortality; pseudo-randomization.

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Introduction

Perforation is the most common complication of peptic ulcer of the stomach and duodenum requiring surgical intervention [1]. The obvious successes and progress in the diagnosis and treatment of perforated gastroduodenal ulcers (PGDU), as well as reduced number of patients with this complication in the world observed over the past two decades have little changed the values of postoperative morbidity and mortality. For example, postoperative morbidity varies from 17% to 63%, mortality — 10–40% [2–8].

Currently, the most common surgical approach in these patients is suturing of perforation using open and laparoscopic procedures [1, 9, 10].

Interest to laparoscopic interventions is growing steadily. The number of minimally invasive interventions is annually increased not only in scheduled surgery but also in urgent surgical practice. Moreover, meta-analysis enrolling 3 large randomized trials confirmed that laparoscopic and open management of PGDU is followed by equivalent outcomes [11]. However, almost all trials were

based on small samples of patients while significant heterogeneity of these studies additionally complicates generalization of data [11]. In addition, most of researches devoted to the problem of PGDU were carried out before 2004 that undoubtedly requires new large-scale studies to reveal the true differences in the results of open and laparoscopic treatment.

Thus, more than 30-year experience of laparoscopic surgery for PGDU does not definitively answer the following question. What is the effectiveness and safety of laparoscopic suturing of PGDU complicated by advanced peritonitis compared with open surgery? [1, 10, 12].

As a result, the purpose of our study was to compare the results of open and laparoscopic interventions for PGDU complicated by advanced peritonitis.

Material and methods

A retrospective analysis enrolled 172 patients with PGDU who underwent surgery for the period 2014–2016. The research was performed at the bases of the Department

of Faculty-Based Surgery No. 1 of the Medical Faculty of the Pirogov Russian National Research Medical University.

Patients admitted to the hospital in an extremely severe condition ($n=11$) were excluded from further analysis. Severity of their state was determined by septic shock followed by hemodynamic instability.

Inclusion criteria were patients aged over 18 years who underwent suturing of PGDU complicated by advanced peritonitis.

Exclusion criteria were local peritonitis, perforation over 15 mm combined with pyloroduodenal stenosis and severe inflammatory periulcerous roller (> 15 mm), penetrating ulcer, septic shock.

Nine patients underwent open surgery immediately after admission, 152 patients — diagnostic laparoscopy.

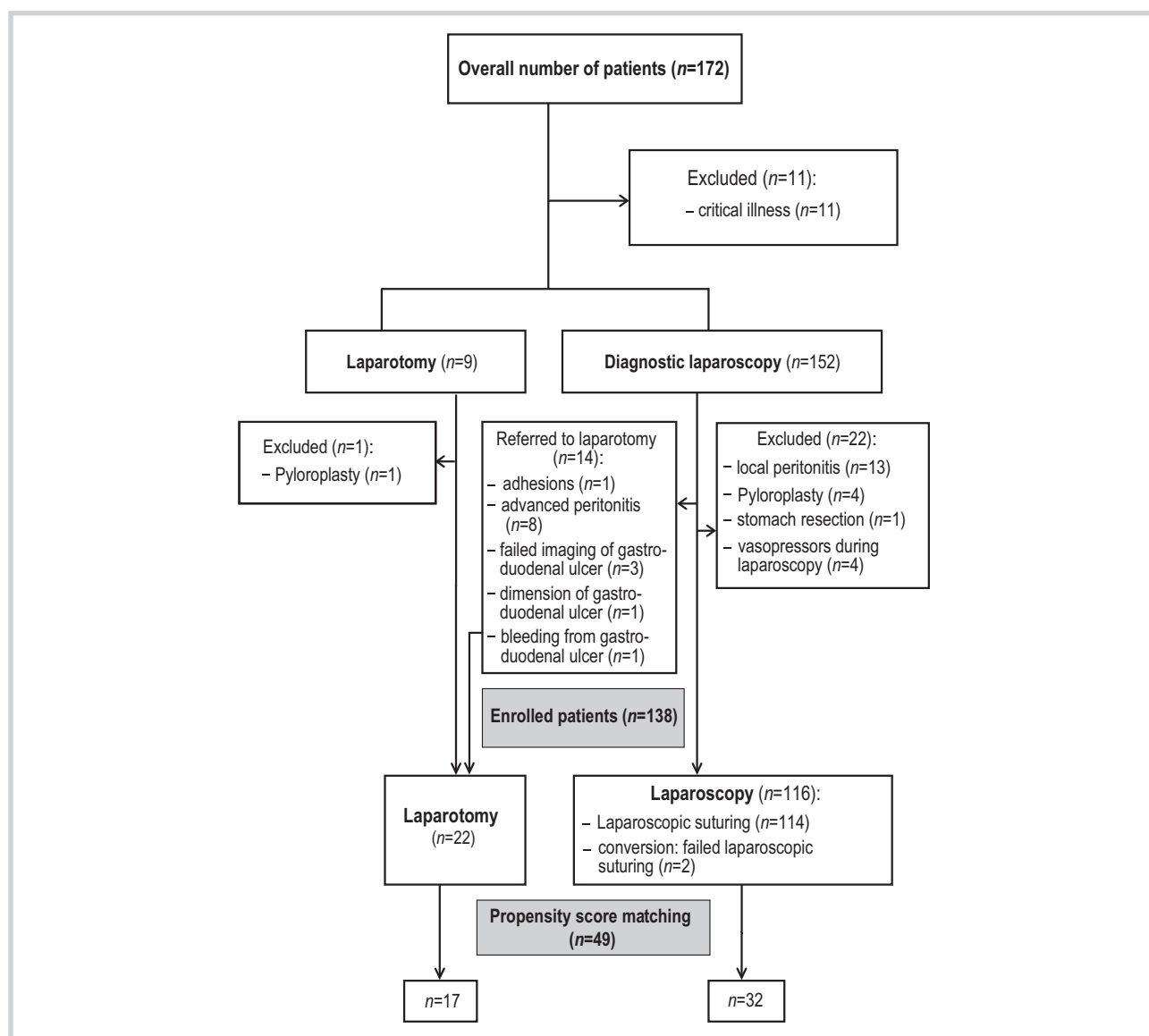
This study was devoted to suturing of perforated ulcers complicated by advanced peritonitis. Therefore, patients with local peritonitis ($n=13$), those who underwent

stomach resection ($n=1$), pyloroplasty ($n=5$), and patients who needed inotropic support during diagnostic laparoscopy and subsequent conversion ($n=4$) were excluded from the study.

In accordance with the intention-to-treat concept, 2 patients with failed minimally invasive intervention were assigned to the laparoscopic group.

As a result, there were 116 patients in the group of laparoscopic intervention and 22 patients in the group of open surgery (Fig.).

Propensity score matching (pseudorandomization) was applied after comparative analysis of patients' characteristics and treatment outcomes in order to ensure maximum comparability of both groups [13]. The following variables were considered in pseudorandomization: Boey score [14], Boey score modified in our clinic (mBoey), PULP [15], Mannheim peritonitis index (MPI) [16] and perforation size.



Flow-diagram of research.

Table 1. Pre- and intraoperative characteristics of patients in both groups (prior to PSM).

Variables	Overall sample (n=138)	Laparoscopic repair (n=116)	Open suturing (n=22)	p-value
Age, years	46,1±19,7 41 [30,61]	43,9±19,4 38,5 [29,56]	57,5±17,9 65 [40,68]	0,0013
Female, n (%)	35 (25,4)	26 (22,4)	9 (40,9)	0,0434
Duration of disease, hours	9±7,9 7 [5,10]	8±4,6 7 [5;9,5]	14,1±16,1 9 [7,12]	0,0217
Duodenal ulcer, n (%)	86 (62,3)	74 (63,8)	12 (54,5)	0,1706
Gastric ulcer, n (%)	52 (37,7)	42 (36,2)	10 (45,5)	0,1706
Duration of perforation ≥ 24 hours, n (%)	8 (5,8)	4 (3,4)	4 (18,2)	0,0309
Septic shock at admission, n (%)	2 (1,4)	2 (1,7)	—	—
Boey score	0,3±0,6 0 [0,1]	0,2±0,5 0 [0,0]	0,8±0,8 1 [0,1]	0,0018
Boey ≥ 1, n (%)	36 (26,1)	23 (19,8)	13 (59,1)	0,0001
mBoey score	0,7±0,9 0[0,1]	0,6±0,9 0[0,1]	1,4±1,1 2[0,2]	0,0015
PULP score	2,1±2,8 1 [0,3]	1,6±2,5 1 [0,1]	4,2±3,4 4,5 [1,7]	0,0003
PULP > 7, n (%)	12 (8,7)	7 (6)	5 (22,7)	0,0544
ASA class	1,9±0,9 2 [1,3]	1,8±0,8 2 [1,2]	2,6±1 3 [2,3]	0,0007
ASA class ≥ III, n (%)	35 (25,4)	23 (19,8)	12 (54,5)	0,0004
WSES sepsis severity score	3,8±1,5 3 [3,5]	3,6±1,3 3 [3,3]	4,6±2 3 [3,6]	0,0364
WSES SSS > 5, n (%)	21 (15,2)	12 (10,3)	9 (40,9)	0,0024
Mannheim peritonitis index	18,9±6,2 16 [16,25]	18,1±5,8 16 [16,21]	23,5±6,7 25 [16,26]	0,0007
MPI ≥ 22, n (%)	35 (25,4)	23 (19,8)	13 (54,2)	0,0004
Serous-fibrinous peritonitis, n (%)	97 (70,3)	85 (73,3)	12 (54,5)	0,0572
Fibrinous-purulent peritonitis, n (%)	41 (29,7)	31 (26,7)	10 (45,5)	0,0572
Size of perforation, mm	5,7±4,6 5 [3,6]	4,8±2,1 4 [3,5]	10,3±9,5 7,5 [5,10]	0,00002
Surgery time, min	91,8±30,1 90 [70,105]	88,4±27,6 85 [70,100]	109,8±36,4 105 [90,140]	0,0049
Hospital-stay, days	7,3±4,7 6 [5,9]	6,7±4,2 6 [4,8]	10,5±6,1 9 [7,16]	0,0004

Note: percentages are calculated in relation to the total number of patients in each group.

PSM in 1:2 fashion was performed (2 patients from the laparoscopic group were matched with one patient from the open group). Therefore, laparoscopic group comprised 32 patients, open group — 17 patients (**Fig.**).

Length of in-hospital stay, postoperative morbidity and mortality were compared in both groups. All postoperative complications were divided into 3 groups: extra-abdominal, intra-abdominal and local (wound) complications [12,17]. Moreover, adverse events were ranged in accordance with the Clavien-Dindo classification [18].

Statistical analysis was performed using Statistica 10, (StatSoft, Inc.) and XLSTAT 2019 software packages for Microsoft Excel. Data were shown as mean values and standard deviations for continuous variables with normal distribution, median and interquartile range for continuous data with abnormal distribution and absolute values with percentages for categorical variables. Kolmogorov-Smirnov and Shapiro-Wilk tests were used to estimate quality of distribution. Student's t-test was used to compare continuous variables with normal distribution in independent samples, Mann-Whitney U-test — for variables

without normal distribution. Categorical data and percentages were compared using the Pearson χ^2 test, Pearson χ^2 test with Yates correction or two-sided Fisher's exact test. Differences were significant at p -value <0.05. Odds ratios (OR) with 95% confidence interval (95% CI) were determined to assess correlation between the type of surgery and risk of complications.

Results

Laparoscopic closure of PGDU complicated by peritonitis was made in 71.7% of cases. Females significantly prevailed in the group of open suturing (22.4 vs. 40.9%, p <0.05).

A comparative analysis of pre- and intraoperative factors revealed significant predominance of more severe patients in the group of open suturing of PGDU. This was due to older age, longer period of disease, higher scores of prognostic scales Boey, mBoey, PULP, ASA, MIP and larger diameter of the perforated ulcer compared with patients from the laparoscopic group (p <0.05) (**Table 1**).

Table 2. Postoperative complications in patients undergoing emergent laparoscopic and open repair of perforated peptic ulcers complicated by diffuse peritonitis (before PSM).

Postoperative complication	Overall sample (n=138)	Laparoscopic repair (n=116)	Open suturing (n=22)	p-value
Intraabdominal complications, n (%)	10 (7,2)	7 (6)	3 (13,6)	0,1989
Leakage after suturing of perforation, n (%)	6 (4,3)	4 (3,4)	2 (9,1)	0,244
Extraabdominal complications, n (%)	20 (14,5)	8 (6,9)	12 (54,5)	<0,0001
Pneumonia, n (%)	14 (10,1)	5 (4,3)	9 (40,9)	<0,0001
Wound infection, n (%)	1 (0,7)	-	1 (4,5)	-
Overall number of complications, n (%)	31	15 (48,4*)	16 (51,6*)	-
Overall number of patients with complications, n (%)	27 (19,6)	15 (12,9)	12 (54,5)	<0,0001

Note: percentages are calculated in relation to the total number of patients in each group; * - percentages of the total number of postoperative complications.

Table 3. Clavien-Dindo grading of postoperative complications in patients undergoing emergent laparoscopic and open repair of perforated peptic ulcers complicated by diffuse peritonitis (before PSM).

Clavien-Dindo grade of postoperative complications	Overall sample (n=138)	Laparoscopic repair (n=116)	Open suturing (n=22)	p-value
I, n (%)	1 (0,7)	1 (0,9)	-	-
II, n (%)	16 (11,6)	6 (5,2)	10 (45,5)	<0,0001
IIIA, n (%)	4 (2,9)	2 (1,7)	2 (9,1)	0,1194
IIIB, n (%)	7 (5,1)	6 (5,2)	1 (4,5)	1,000
IVA, n (%)	4 (2,9)	2 (1,7)	2 (9,1)	0,1194
V, n (%)	10 (7,2)	4 (3,4)	6 (27,3)	0,0012

Note: percentages are calculated in relation to the total number of patients in each group.

A comparative assessment of the results of surgical treatment of PGDU complicated by peritonitis is shown in **Tables 1–3**. Length of hospital-stay (6.7 vs. 10.5 days), incidence of extra-abdominal complications (6.9 vs. 54.5%), adverse events Clavien-Dindo grade II (5.2 vs. 45.5%) and mortality CDC grade V (3.4 vs. 27.3%) were significantly higher in the group of open suturing of the perforated ulcer ($p < 0.05$). Incidence of intra-abdominal postoperative complications was similar in both groups ($p > 0.05$).

The risk of extra-abdominal complications after open repair was 13.3 times higher than after laparoscopic surgery (OR 13.3, 95% CI 4.5–38.8), risk of pneumonia was 13 times higher (OR 13.1, 95% CI 3.9–44.3).

There were no significant differences in pre- and intraoperative characteristics between both groups of patients after PSM (**Table 4**).

A comparative analysis of laparoscopic and open repair of perforated gastroduodenal ulcers complicated by diffuse peritonitis showed that minimally invasive interventions are followed by less incidence of extra-abdominal postoperative complications (6.3 vs. 41.2%) including pneumonia (6.3 vs. 29.4%), complications CDC class II (6.3 vs. 35.3%) and length of hospital-stay (7.1 ± 3.2 vs. 9.8 ± 4.9 days) ($p < 0.05$).

Incidence of postoperative intra-abdominal complications and mortality rate were similar in both groups (**Tables 5, 6**).

Open repair was associated with 5.3-fold higher risk of extra-abdominal postoperative complications (OR 5.3,

95% CI 1.5–18.8) and 6.2-fold higher risk of pneumonia (OR 6.2, 95% CI 1.4–27.2) compared with laparoscopic procedure.

Discussion

There are 5 available randomized clinical trials (RCTs) with overall sample size of 406 patients ($n=208$ for laparoscopy and $n=198$ for laparotomy). These researches confirmed controversial results of surgical treatment of PGDU [19–23]. The first meta-analysis revealed significantly lower incidence of wound suppuration, reduced postoperative pain syndrome and need for analgesics after laparoscopic surgery. However, longer duration of intervention and higher incidence of redo procedures were observed [24]. Higher incidence of leakage after laparoscopic repair of PGDU was observed in the following review [25]. However, later meta-analyses did not reveal significant differences in the incidence of postoperative complications and mortality after both interventions [12, 26]. Zhou C. et al. reported less incidence of postoperative complications and redo interventions after minimally invasive operations [27]. Controversial data may be explained by heterogeneity of the groups [27]. Baseline predominance of more severe patients in the group of open interventions prevented correct comparative assessment of surgical outcomes in patients with PGDU complicated by diffuse peritonitis. We applied PSM to correct uneven distribution of confounders between the laparoscopic and open groups and reduce systematic

Table 4. Perioperative characteristics of patients undergoing emergent laparoscopic and open repair of perforated peptic ulcers (after PSM).

Variable	Overall sample (n=49)	Laparoscopic repair (n=32)	Open suturing (n=17)	p-value
Age, years	53,1±18,4 52 [37,66]	53±19,2 51,5 [35,63]	53,2±17,3 62 [39,67]	0,7315
Female, n (%)	16 (32,7)	11 (34,4)	5 (29,4)	0,974
Duration of disease, hours	10,4±7,7 8 [7,11]	9,6±5,4 8 [6,5;11,5]	11,8±10,9 9 [7,11]	0,9586
Duodenal ulcer, n (%)	30 (61,2)	21 (65,6)	9 (52,9)	0,5759
Gastric ulcer, n (%)	19 (38,8)	11 (34,4)	8 (47,1)	0,5759
Duration of perforation ≥ 24 h, n (%)	6 (12,2)	3 (9,4)	3 (17,6)	0,4055
Septic shock at admission, n (%)	2 (4,1)	2 (6,3)	-	-
Boey score	0,6±0,7 0 [0,1]	0,5±0,7 0 [0,1]	0,6±0,8 0 [0,1]	0,716
Boey ≥ 1, n (%)	22 (44,9)	14 (43,8)	8 (47,1)	0,9362
mBoey score	1,1±1,1 1 [0,2]	1,1±1,1 1 [0,2]	1,2±1,2 1 [0,2]	0,779
PULP score	3±2,9 1 [1,5]	2,9±2,9 1 [1,5]	3,2±3,2 1 [1,7]	0,7316
PULP > 7, n (%)	6 (12,2)	4 (12,5)	2 (11,8)	1,000
ASA class	2,3±0,9 2 [2,3]	2,3±1 2 [2,3]	2,3±0,8 2 [2,3]	0,9917
ASA class ≥ III, n (%)	20 (40,8)	13 (40,6)	7 (41,2)	0,7888
WSES sepsis severity score	4,1±1,8 3 [3,5]	3,9±1,8 3 [3,5]	4,5±1,8 3 [3,6]	0,2216
WSES SSS > 5, n (%)	12 (24,5)	5 (15,6)	7 (41,2)	0,1029
Mannheim peritonitis index	21,7±6,1 21 [16,26]	21,4±5,9 21 [16,26]	22,1±6,7 21 [16,25]	0,9255
MPI ≥ 22, n (%)	20 (40,8)	13 (40,6)	7 (41,2)	0,7888
Serous-fibrinous peritonitis, n (%)	27 (55,1)	17 (53,1)	10 (58,8)	0,9362
Diffuse peritonitis, n (%)	26 (53,1)	16 (50)	10 (58,8)	0,773
Size of perforation, mm	6,6±2,8 6 [5,8]	6,5±2,5 6 [5,8]	6,8±3,2 5 [5,10]	0,9751
Surgery time, min	99,9±36,9 90 [75,120]	97±36,2 90 [75;107,5]	105,3±38,9 100 [80,130]	0,3872
Hospital-stay, days	8±4 8 [6,9]	7,1±3,2 6,5 [5,9]	9,8±4,9 9 [8,10]	0,0192

Table 5. Postoperative complications in patients undergoing emergent laparoscopic and open repair of perforated peptic ulcers complicated by diffuse peritonitis (after PSM).

Postoperative complication	Overall sample (n=49)	Laparoscopic repair (n=32)	Open suturing (n=17)	p-value
Intraabdominal complications, n (%)	6 (12,2)	4 (12,5)	2 (11,8)	1,000
Leakage after suturing of perforation, n (%)	5 (10,2)	3 (9,4)	2 (11,8)	1,000
Extraabdominal complications, n (%)	9 (18,4)	2 (6,3)	7 (41,2)	0,005
Pneumonia, n (%)	7 (14,3)	2 (6,3)	5 (29,4)	0,0406
Overall number of complications, n (%)	15	6 (40*)	9 (60*)	-
Overall number of patients with complications, n (%)	13 (26,5)	6 (18,8)	7 (41,2)	0,1762

Note: percentages are calculated in relation to the total number of patients in each group; * - percentages of the total number of postoperative complications.

bias. Perforation diameter, severity of peritonitis, concomitant diseases, duration of disease and patient's age, Boey and mBoey scores, PULP, Mannheim Peritonitis Index (MPI) were enrolled as confounders considering the importance of these factors. Significant increase of the risk of extra-abdominal postoperative complications (OR 5.3, 95% CI 1.5–18.8) was revealed for open surgery after PSM. However, incidence of leakage after suturing of perforation and other intra-abdominal postop-

erative complications, mortality rate were similar in both groups ($p > 0.05$). Some authors argue that laparoscopic procedures contribute to the development of pneumonia in patients with peritonitis [28]. These data are confirmed by experimental studies. Laparoscopy-associated pneumoperitoneum increases the risk of bacteremia and sepsis in patients with duration of peritonitis over 12 hours [29, 30]. However, the data of our study refute this fact. Incidence of pneumonia was significantly lower in the

Table 6. Clavien-Dindo grading of postoperative complications in patients undergoing emergent laparoscopic and open repair of perforated peptic ulcers complicated by diffuse peritonitis (after PSM).

Clavien-Dindo grading of postoperative complications	Overall sample (n=49)	Laparoscopic repair (n=32)	Open suturing (n=17)	p-value
II, n (%)	8 (16,3)	2 (6,3)	6 (35,3)	0,015
IIIА, n (%)	2 (4,1)	1(3,1)	1 (5,9)	1,000
IIIВ, n (%)	3 (6,1)	3 (9,4)	–	0,5423
IVА, n (%)	1 (2)	–	1 (5,9)	0,3469
V, n (%)	6 (12,2)	2 (6,3)	4 (23,5)	0,1643

Note: percentages are calculated in relation to the total number of patients in each group.

laparoscopic group (6.3 vs. 29.4%) although mean duration of diffuse peritonitis was 10.4 ± 7.7 hours. Laparoscopic repair of PGDU was performed in 71.7% of cases. This value is many times higher than mean incidence (6–11.5%) of laparoscopic suturing reported in observational European and world studies (CIAO, CIAOW) [31, 32]. Thus, laparoscopic repair is safe and effective in patients with PGDU complicated by diffuse peritonitis. It should be emphasized that improvement of manual skills in laparoscopy, further clinical researches, the

progress of anesthesiology and intensive care are likely to further increase the incidence of laparoscopic interventions for PGDU. Conclusion Analysis of comparable groups of patients with PGDU complicated by peritonitis revealed that laparoscopic surgery is accompanied by significantly lower incidence of extra-abdominal postoperative complications and shorter hospital-stay compared with open surgery.

No conflict of interests to declare.

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